

Sample Preparation Guide



Please fill out the test requisition and APN-FAP form completely. Clearly indicate the requested test service.



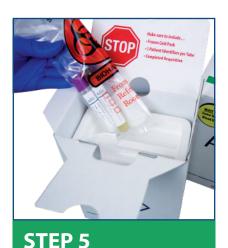
When ready to ship, insert frozen cold pack into one of the cooler wells.



Place kit box inside plastic shipping bag and affix prepaid shipping label to bag.



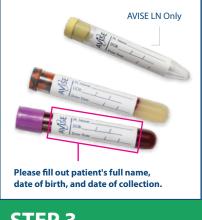
For each test ordered, use the required specimen tubes and volumes. See back page for test requirements. (light yellow top only required for AVISE LN test)



Enclose specimens in bio-hazard specimen bag and place inside the alternate well, away from cold pack. Specimens from multiple patients may be included in the same box.



Contact carrier indicated on the prepaid label. Ship specimen kits Monday through Friday for next day delivery.



STEP 3

Specimen tubes must be marked with 2 patientspecific identifiers. Fill out label provided or apply printed labels with 2 patient identifiers. (Remember to spin SST tubes before submitting specimens.)



STEP 6

Replace foam cooler lid and place the completed test requisition(s) and insurance card copies on top of cooler before closing outer transportation kit box.



DO NOT AFFIX SHIPPING LABELS ON THE OUTSIDE OF TEST KITS.

Side 2

Order Type	Tube Requirements	Specimen Requirements	
AVISE Blood Tests	One- 10 mL whole blood EDTA (lavender tube) One- 5 mL Serum SST (tiger top tube)	EDTA should be drawn first Properly dispose of all contaminated materials in accordance with local disposal procedures	
AVISE Urine Test	One- 8 mL clean catch urine (light yellow top urinalysis tube)	For further specimen collection guidance, refer to clean catch instructions Properly dispose of all contaminated materials in accordance with local disposal procedures	

	urinalysis tube)		Properly dispose of all contaminated materials in accordance with local disposal procedures			
		Clinical Use	Specimen Volume & Tube*	Stability/Storage	Delivery Method	
AVISE	• ®	AVISE CTD is a comprehensive diagnostic tool to aid in the differential diagnosis of CTD. The test is comprised of the AVISE Lupus test plus 13 associated autoantibody markers.	10 mL whole blood EDTA (lavender top tube) 5 mL serum (SST or tiger top tube	Ship same day as draw in kit with frozen cold pack.	Next Day Air	
AVISE	• ® • • • •	AVISE Lupus is a proprietary 10-marker test that leverages CB-CAPs technology and a two tier algorithm with index to aid in the differential diagnosis of SLE.	 10 mL whole blood EDTA (lavender top tube) 5 mL serum (SST or tiger top tube 	Ship same day as draw in kit with frozen cold pack.	Next Day Air	
AVISE SLI Prognosti	- ® - - - - - - - - - -	AVISE SLE Prognostic is an additional test panel specially developed to help physicians assess their patient's risk for organ involvement and thrombotic events. Order in conjunction with AVISE CTD or AVISE Lupus.	5 mL serum (SST or tiger top tube)	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air	
AVISE SLI Monito	E	AVISE SLE Monitor is an advanced and proprietary serological test that assists physicians anytime they assess the condition of a patient with SLE.	 10 mL whole blood EDTA (lavender top tube) 5 mL serum (SST or tiger top tube) 	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air	
AVISE	**************************************	AVISE Lupus Nephritis (LN) is intended for use in diagnosed lupus patients as an adjunct to clinical examination to evaluate potential kidney involvement.	8 mL clean catch urine (light yellow top urinalysis tube)	Prefer shipment same day as urine collection. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air	
AVISE	- ® -	AVISE APS is a specialized test to aid in the diagnosis and management of patients with antiphospholipid syndrome.	5 mL serum (SST or tiger top tube)	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air	
AVISE	- ®	AVISE MTX is a blood test to measure methotrexate polyglutamates, the active metabolites of MTX and help with therapeutic direction.	5 mL whole blood EDTA (lavender top tube)	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air	
AVISE		AVISE HCQ is a blood test to measure HCQ blood concentration in whole blood and help with therapeutic direction.	5 mL whole blood EDTA (lavender top tube)	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air	
AVISE Vasculiti	® is–AAV	AVISE Vasculitis AAV is a test panel consisting of immunofluorescent assay (IFA) and chemiluminescent immunoassay (CIA) detection of ANCAs to aid in the diagnosis of ANCA associated vasculitis.	5 mL serum (SST or tiger top tube)	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air	



Need additional specimen kits? Please email shipping@exagen.com or call 888.452.1522.

Exagen Inc. Laboratory Directors: Richard Safrin, MD and Raymond H. Summers, MD | CLIA# 05D1075048 | CAP# 7201051 | PFI# 8369

*Multiple tests can be run from a single set of tubes.

