

STEP 1

Please fill out the test requisition and APN-FAP form completely. Clearly indicate the requested test service.

STEP 2

For each test ordered, use the required specimen tubes and volumes. See back page for test requirements. (light yellow top only required for AVISE LN test)

STEP 3

Specimen tubes must be marked with 2 patient-specific identifiers. Fill out label provided or apply printed labels with 2 patient identifiers. (Remember to spin SST tubes before submitting specimens.)

STEP 4

When ready to ship, insert frozen cold pack into one of the cooler wells.

STEP 5

Enclose specimens in bio-hazard specimen bag and place inside the alternate well, away from cold pack. **Specimens from multiple patients may be included in the same box.**

STEP 6

Replace foam cooler lid and place the completed test requisition(s) and insurance card copies on top of cooler before closing outer transportation kit box.

STEP 7










Place kit box inside plastic shipping bag and affix prepaid shipping label to bag.

STEP 8

Contact carrier indicated on the prepaid label. Ship specimen kits Monday through Friday for next day delivery.



DO NOT AFFIX SHIPPING LABELS ON THE OUTSIDE OF TEST KITS.

Order Type	Tube Requirements	Specimen Requirements		
AVISE Blood Tests	One- 10 mL whole blood EDTA (lavender tube) One- 5 mL Serum SST (tiger top tube)	<ul style="list-style-type: none"> • EDTA should be drawn first • Properly dispose of all contaminated materials in accordance with local disposal procedures 		
AVISE Urine Test	One- 8 mL clean catch urine (light yellow top urinalysis tube)	<ul style="list-style-type: none"> • For further specimen collection guidance, refer to clean catch instructions • Properly dispose of all contaminated materials in accordance with local disposal procedures 		
Clinical Use		Specimen Volume & Tube*	Stability/Storage	Delivery Method
	AVISE CTD is a comprehensive diagnostic tool to aid in the differential diagnosis of CTD. The test is comprised of the AVISE Lupus test plus 13 associated autoantibody markers.	<ul style="list-style-type: none"> • 10 mL whole blood EDTA (lavender top tube) • 5 mL serum (SST or tiger top tube) 	Ship same day as draw in kit with frozen cold pack.	Next Day Air
	AVISE Lupus is a proprietary 10-marker test that leverages CB-CAPs technology and a two tier algorithm with index to aid in the differential diagnosis of SLE.	<ul style="list-style-type: none"> • 10 mL whole blood EDTA (lavender top tube) • 5 mL serum (SST or tiger top tube) 	Ship same day as draw in kit with frozen cold pack.	Next Day Air
	AVISE SLE Prognostic is an additional test panel specially developed to help physicians assess their patient's risk for organ involvement and thrombotic events. Order in conjunction with AVISE CTD or AVISE Lupus.	5 mL serum (SST or tiger top tube)	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air
	AVISE SLE Monitor is an advanced and proprietary serological test that assists physicians anytime they assess the condition of a patient with SLE.	<ul style="list-style-type: none"> • 10 mL whole blood EDTA (lavender top tube) • 5 mL serum (SST or tiger top tube) 	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air
	AVISE Lupus Nephritis (LN) is intended for use in diagnosed lupus patients as an adjunct to clinical examination to evaluate potential kidney involvement.	8 mL clean catch urine (light yellow top urinalysis tube)	Prefer shipment same day as urine collection. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air
	AVISE APS is a specialized test to aid in the diagnosis and management of patients with antiphospholipid syndrome.	5 mL serum (SST or tiger top tube)	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air
	AVISE MTX is a blood test to measure methotrexate polyglutamates, the active metabolites of MTX and help with therapeutic direction.	5 mL whole blood EDTA (lavender top tube)	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air
	AVISE HCQ is a blood test to measure HCQ blood concentration in whole blood and help with therapeutic direction.	5 mL whole blood EDTA (lavender top tube)	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air
	AVISE Vasculitis AAV is a test panel consisting of immunofluorescent assay (IFA) and chemiluminescent immunoassay (CIA) detection of ANCA to aid in the diagnosis of ANCA associated vasculitis.	5 mL serum (SST or tiger top tube)	Prefer shipment same day as draw. If pick-up is delayed, store refrigerated (4°C/40°F) and ship the next business day.	Next Day Air



Need additional specimen kits? Please email shipping@exagen.com or call **888.452.1522**.

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*Multiple tests can be run from a single set of tubes.