

**Job Aid/Patient Information Sheet: Clean Catch Urine Specimens (Male Patients)**

- Wash hands thoroughly.
- Remove lid from container and lay upside down on shelf in restroom. Do not touch the rim or inside of urine container. Place within reach of the toilet.
- Tear open packet of towelettes. Place within reach of toilet also.
- Place underclothing below knees or out of area where sterile cleaning will take place.
- If necessary, hold back your foreskin with one hand and keep it back until specimen collection is complete.
- Use a towelette to wash the end of your penis. Throw away the towelette after a single "pass".
- Repeat this procedure with the remaining 2 towelettes.
- Begin to urinate in the toilet; allow a few teaspoons to pass.
- After the few teaspoons pass, hold the cup under the stream of urine and pass the remainder of the urine into the cup. If the cup is one-half full, it is sufficient for testing.
- Tighten cap securely and wash off any spilled urine on outside of container.
- Make sure your name is correctly written on container. Place urine cup in white bucket outside the restroom.