



Origination Date	11/29/2007
Last Approved	2/8/2023
Version Effective Date	2/8/2023
Last Revised	1/14/2020
Next Review	2/7/2025

Owner	Patricia Maypole: Supv Laboratory
Document Area	Lab - Phlebotomy
Applicability	Piedmont Athens Regional
Document Groups	Laboratory

## Lab Specimen Collection Manual - Urine, Clean Catch

### ***Clean Catch Urine Collection***

#### INSTRUCTIONS FOR MID-STREAM URINE COLLECTION:

- Wash hands
- Remove cleansing towelette. Cleanse perineal / genital area with towelette with
  - Females: Separate folds of urinary opening with thumb and forefinger and cleanse area between fold with towelette, using downward strokes only. Keep folds separated during urination into urine container.
  - Males: Clean head of penis.
- Remove lid from specimen container. DO NOT TOUCH INSIDE OF CONTAINER OR LID
- Begin urination into toilet. As urination continues, bring collection device into the stream. Fill container half full
- Label container (not the lid) with appropriate patient information
  - Patient Name
  - Date of Birth or Hospital Patient MRN/ID #
  - Date / Time of Collection
  - Collector's initials
- If using electronic handheld device, scan labeled sample to complete collection process. If not using electronic handheld device, complete collection in the computer system.
- Send specimen to Laboratory immediately.

All Revision Dates

1/14/2020

Approval Signatures

Step Description	Approver	Date
	Raford Rogers: MD	2/8/2023

COPY